

To our Moosonee Community

From your local Northern Store in Moosonee.

We are happy to announce that we are holding the
2nd Northern Diabetes Marathon
this year on **Saturday June 13, 2015.**

Our Goal this year is to have at least 200 participants come out and join us for a 1km, 5km or 10km walk/run to get your blood flowing, some fresh air and improve your health a day at a time.

We are committed to keeping our community informed about both the treatment and prevention of Type 2 Diabetes. Over 9 million Canadians are living with diabetes or prediabetes and an estimated 1 million Canadians live with undiagnosed type 2 diabetes. Currently over 20 people are diagnosed with diabetes every hour of every day. With your help to spread awareness we can work to improve the health of the community and work to slow the appearance of Diabetes.

Come out and join us at the Northern Store in Moosonee for some great weather, free food, and giveaways for participants only. As people arrive some health professionals will be doing a short information session on Type 2 diabetes where they can answer some of your questions. After the Marathon is over we will be having a barbeque for participants only in the parking lot of the Northern store. Sign up today at the Northern office or pharmacy and we hope to see you all there!

Sincerely,

Northern store and Northern Pharmacy, Moosonee.

Other services offered by Northern Pharmacy

- Medication reviews, compliance packaging
- Auto refills
- flu shots (available in late fall)
- Advice on selecting over the counter products
- provide medication information on all new prescriptions
- special orders for products if not available in the store
- Diabetes meter checks, prevention advice, blood sugar testing
- blood pressure testing