## Weeneebavko news COMMITTED TO PROVIDING OPTIMUM HEALTH CARE AS CLOSE TO HOME AS POSSIBLE

My plans for the next 100 days making sure patients are receiving the

It has been just over 100 days since I was named President and CEO by the Board of Directors. The messages of congratulations and support I received from across our region took me by surprise and mean a lot to me.

Like you, I depend on the Weeneebayko Area Health Authority (WAHA) to be there when my family needs to see a doctor. And the truth is it's more important then ever that WAHA provides the best quality care as close to home as possible because of the growing number of people living with chronic illnesses like diabetes in our communities, Since accepting the role of President and CEO I have made it a priority to meet with Mushkegowuk Council and other regional First Nations leadership to assure them that WAHA's doors are open and our front-line staff are ready and able to provide the care our patients need. Working together with Mushkegowuk we will improve access to primary care in each of the First Nations communities and the town of Moosonee which we serve.

Our nurses, physicians, allied health professionals, support and maintenance staff and paramedics from Moose Factory to Attawapiskat and our colleagues in Kashechewan and Peawanuck have my thanks and the appreciation of WAHA's executive team and Board of Directors for

care they need.

Over the last year and a half, the executive team has begun the necessary work to make WAHA a centre of excellence for Indigenous health care. We very recently signed a partnership with the Northern Ontario School of Medicine to improve the recruitment and retention of physicians in the north and I hope to have an agreement soon in place with Health Sciences North for cancer patients from our region to be treated in Sudbury, closer to home. We've begun talks with SickKids and the University Health Network's Peter Munk Centre for Cardiac Care in Toronto to develop innovative partnerships that would give our patients access to some of the best quality care in the world by using next-level technology to develop virtual clinics and improve access to specialists. We have started a home hemodialysis program which can drastically improve the quality of a person's life and we will to make this option a reality for more people. Funding for our CT scanner is approved and should it should be operating by the spring or summer of 2020. I'm excited to do even more. I have four top priorities for my next 100 days as President and CEO of WAHA:

1. building and repairing partner relationships.

- 2. restoring trust and confidence in our organization among staff and our communities,
- 3. making progress on our capital projects, specifically our plans for a new acute care hospital and CT scan, and
- 4. improving access to care.

I'm committed to ensuring that these priorities, along with the projects and goals WAHA sets for the future, the decisions the executive team and I make, are all grounded in the Seven Sacred Teachings of Love, Respect, Courage, Honesty, Wisdom, Humility and Truth. Together, the Seven Sacred Teachings is our guide to improving the health and happiness of people in our region. I will be back in the winter edition of our re-launched newsletter (coming to you four times a year) to update you on what we've accomplished against these four priorities. And, now there are more ways then ever to stay in touch with us. WAHA is on Facebook, LinkedIn and Twitter. I hope you will follow us for the latest and most current WAHA news.

In the spirit of the season I wish everyone a successful and safe fall harvest/hunt. Meegwetch Ļ.dr

Lynne Innes



From left: Dominic Giroux, Pres & CEO, HSN; Grand Chief Jonathan Solomon, Mushkegowuk Council; Maureen McLelland, VP Social Accountability; Lynne Innes, Pres & CEO, WAHA

Cancer Care Ontaric Moose Factory Site Ontario Breast Scree

# Get screened for breast cancer

"While we know regular screening is effective, we still have a lot of work to do to convince more women to get regular mammograms," says Dr. Raveen Kaur, Regional Breast Imaging Lead for Northeastern Ontario.

(Pictured left: Joni Martin, WAHA Mammography Tech)

Breast cancer is the most common form of cancer in Canadian women. Regular screening can detect cancer early, before symptoms appear.

Every year, about 12,000 women in Ontario will get breast cancer and about 2,000 women will die from it. Breast cancer usually develops later in life, with over 83% of cases being diagnosed in women over age 50. Last year in Northeastern Ontario, close to 100,000 women were eligible for breast screening. Women aged 50 to 74, who don't have a family history of breast cancer and are at average risk should be screened every two years with mammography. Making an appointment is easy since a referral is not needed.

#### "Early detection saved my life", says 63-year-old Denise Morin

We are fortunate to have a fully accredited mammography unit at Weeneebayko General Hospital (WGH) in Moose Factory. You can simply call 1-800-668-9304 to make an appointment at our location or any of the 13 Northeastern Ontario Breast Screening Program locations. You don't even need a referral from your doctor or nurse practitioner.



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## ATTA DONATES BED

Attawapiskat First Nation donated a new laboring bed to our Attawapiskat Hospital earlier this year. The bed is a comfy addition and greatly appreciated by all community members!"

Pictured from left: Emily Ebbe, Midwife; Tesla Nakogee, Second Midwife (Attendant), Well Baby Program; Jennifer Tookate, Second Midwife (Attendant); Rollande Hookimaw, Health Director, Attawapiskat First Nation Melanie Phelps, Patient Care Coordinator, WAHA



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