



WEENEEBAYKO AREA HEALTH AUTHORITY

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www.waha.ca

October 06th, 2020

RE: Resolved All Covid-19 Cases in the James and Hudson Bay Region

To our community members:

The Weeneebayko Area Health Authority in collaboration with the Porcupine Public Health Unit and Moose Cree First Nation is confirming that the two remaining positive cases of COVID-19 **are resolved**. As of 10 a.m., October 06th, 2020, there are **no active cases** of COVID-19 in the region.

We recommend that everyone continue to monitor for symptoms. If ANY symptoms develop, isolate immediately and call your local assessment centre or your health care provider to arrange testing.

Symptoms can include:

- Fever
- Sore throat/hoarse voice
- New or worsening cough
- Loss of sense of taste or smell
- Shortness of breath
- Nausea, vomiting
- Runny nose/nasal congestion
- Diarrhea

In some cases, atypical symptoms could develop, such as, unexplained fatigue or malaise, muscle aches, delirium, unexplained or increased number of falls, acute functional decline, exacerbation of current chronic conditions, chills, headaches, croup, conjunctivitis.

If you have any questions, please don't hesitate to contact WAHA or the Porcupine Health Unit for more information.

To reduce the risk of exposure, please continue to follow public health measures:

- wash your hands often with soap and water or alcohol-based hand sanitizer
- sneeze and cough into your sleeve

- avoid touching your eyes, nose or mouth
- stay home and isolate for 14 days if you have any symptoms
- practice 2 m physical distancing
- wear a mask in indoor public spaces and outdoors when physical distancing of 2 metres/6 feet cannot be maintained.

Should you have questions, please contact WAHA at 705-658-4544 or check our website for continued updates.

Thank you,

Dr. Elaine Innes, Chief of Staff, WAHA
Lynne Innes, President & Chief Executive Officer, WAHA