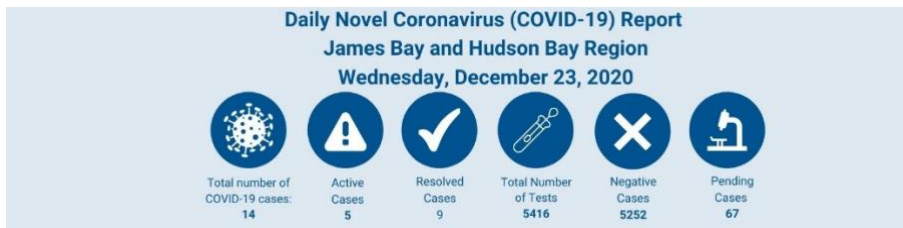




COVID-19 Community Bulletin: December 23rd, 2020

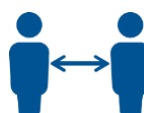
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**WASH YOUR
HANDS**



**USE COUGH
ETIQUETTE**



**PRACTICE PHYSICAL
DISTANCING**



WEAR A MASK

CHANGES IN EFFECT

- **Provincewide shutdown is in effect as of Saturday, December 26th:**
 - More information can be found here: <https://www.cbc.ca/news/canada/toronto/covid-19-ontario-december-21-lockdown-orders-1.5849760>
 - Note: Where the local community bylaws and the provincial restrictions differ, follow the more restrictive advice.
- **Visitation restrictions remain in effect at WAHA**
 - Visitation remains restricted at all WAHA sites
 - **Regular and non-urgent clinics**
 - We encourage that you call and book appointments ahead of time. www.waha.ca/covid-19/urgent-care-clinics/
- **Restricted WAHA travel within James Bay Region in effect**
 - Restricted to urgent or emergent appointments only. Restricted Travel within James Bay Region, effective December 7th, 2020 – Weeneebayko Area Health Authority (waha.ca)

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HEALTH AND WELLNESS

- **For information about understanding COVID-19 Vaccines, visit:**
<https://covid-19.ontario.ca/covid-19-vaccines-ontario#when-vaccines-will-be-available>
- **For information about COVID-19 testing, visit:**
www.waha.ca/covid-19/testing
- **It's important to look after your mental wellness.**
[Check out a list of the supports available online:](#)
- **COVID-19 Safety Measures:**
There are five active cases in the region. WAHA has received authorization from Moose Cree First Nation leadership to confirm that the additional cases are in Moose Factory. WAHA is working with Porcupine Health Unit and the community public health department to ensure that the individuals are isolated and contact tracing investigation is ongoing.
- **For tips on how to stay COVID-19 safe for the holidays, watch the hilarious videos from Stan Wesley!**
 - <https://www.youtube.com/channel/UCquadRB799BQ6CxFBuvpTldg>

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