



## WEENEEBAYKO AREA HEALTH AUTHORITY

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December 12, 2020

### RE: Possible Exposure to Covid-19 Case Related to Air Travel

To our community members:

The Porcupine Health Unit is investigating a confirmed COVID-19 case from out of the Porcupine Health Unit region. This individual does not add to the health unit's case count and continues to remain in isolation following public health recommendations. At this time, this case investigation remains ongoing and public health is working to identify and communicate directly with all contacts. In the meantime, please review flight details listed below and follow the recommendations provided. The individual is self-isolating in Moose Factory, Ontario and is doing well.

Out of an abundance of caution the following potential exposures and guidance are being shared:

Flight Exposure:

- **Wednesday December 2, 2020 – Air Canada flight AC8287, from Toronto to Timmins, departure time 1:35 pm.**
  - Those seated in rows 1-5 are asked to self-isolate immediately and call the health unit 705-267-1181 or 1-800-461-1818.
  - Everyone else on the plane is advised to self-monitor for symptoms for 14 days from the flight, ending on December 17. If you are experiencing symptoms, self-isolate at home and call the Porcupine Health Unit COVID-19 Information Line at 705-267-1181 or 1-800-461-1818.
- **Thursday December 3, 2020 – Air Creebec flight 0841, from Timmins to Moosonee, to Peawanuck departure time 9:30 am.**
  - Out of an abundance of caution, individuals who were on this flight are asked to self-isolate immediately and call the health unit 705-267-1181 or 1-800-461-1818; or your local health centre or public health nurse.

Porcupine and Moose Cree Public Health are currently following up with anyone identified as close contacts. In general, for COVID-19, a close contact is anyone who was within 2 metres or 6 feet of an infected person for at least 15 minutes during the time of infectivity. An infected person can spread COVID-19 starting 48 hours (or 2 days) before the person had any symptoms or tested positive for COVID-19. Passing a

person in the hallway or in a store is generally not considered close contact and has an extremely low risk of spreading the virus. Public Health will contact you if you are considered a close contact.

At this time, we recommend that everyone continue to monitor for symptoms. If ANY symptoms develop, isolate immediately and call your local assessment centre or your health care provider to arrange testing.

Symptoms can include:

- Fever
- Sore throat/hoarse voice
- New or worsening cough
- Loss of sense of taste or smell
- Shortness of breath
- Nausea, vomiting
- Runny nose/nasal congestion
- Diarrhea

In some cases, atypical symptoms could develop, such as, unexplained fatigue or malaise, muscle aches, delirium, unexplained or increased number of falls, acute functional decline, exacerbation of current chronic conditions, chills, headaches, croup, conjunctivitis.

If you have any questions, please don't hesitate to contact WAHA or the Porcupine Health Unit for more information.

To reduce the risk of exposure, please continue to follow public health measures:

- Wash your hands often with soap and water or alcohol-based hand sanitizer
- Sneeze and cough into your sleeve
- Avoid touching your eyes, nose or mouth
- Stay home and isolate for 14 days if you have any symptoms
- Practice 2 m physical distancing
- Wear a mask in indoor public spaces and outdoors when physical distancing of 2 metres/6 feet cannot be maintained.

Thank you,

Dr. Elaine Innes, Chief of Staff, WAHA  
Lynne Innes, President & Chief Executive Officer, WAHA