



WAHA COVID-19 Community Bulletin

December 9, 2020

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Daily Novel Coronavirus (COVID-19) Report James Bay and Hudson Bay Region Wednesday, December 9, 2020



CHANGES IN EFFECT

- **Ontario has released the COVID-19 Response Framework:** Keeping Ontario safe and open. More information can be found here: <https://bit.ly/3a4ixXs>
 - Note: Where the local community bylaws and the provincial restrictions differ, follow the more restrictive advice.
- **Visitation restrictions remain in effect at WAHA**
 - [Visitation remains restricted at all WAHA sites](#)

Regular and non-urgent clinics

- We encourage that you call and book appointments ahead of time. www.waha.ca/covid-19/urgent-care-clinics/

Restricted WAHA travel within James Bay Region in effect

- Effective December 7th, 2020 all travel within the James Bay region are restricted to urgent or emergent appointments only.

[Restricted Travel within James Bay Region, effective December 7th, 2020 – Weeneebayko Area Health Authority \(waha.ca\)](#)

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HEALTH AND WELLNESS

- **WAHA encourages everyone to get their Flu Shot!**
 - Watch out for information from your local Public Health Centre
 - Visit this link for more information <https://www.waha.ca/covid-19/flushot/>
- **For information about COVID-19 testing, visit:**
 - www.waha.ca/covid-19/testing
- **It's important to look after your mental wellness.**
 - [Check out a list of the supports available online:](#)
- **COVID-19 Safety Measures:**
 - WAHA confirms there are 3 active cases of COVID-19 in our region. All active cases are located in Attawapiskat, ON and individuals are isolating while contact tracing investigation is ongoing. 2 recent cases from Attawapiskat have been resolved.
- **WAHA encourages communities to stay COVID-19 safe for the holidays:**
 - For more information, please visit: <https://bit.ly/3n4SnaK>

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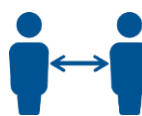
For more information visit www.waha.ca/covid-19 or the Weeneebayko Area Health Authority Facebook page or the Porcupine Health Unit's website <https://www.porcupinehu.on.ca>



WASH YOUR HANDS



USE COUGH ETIQUETTE



PRACTICE PHYSICAL DISTANCING



WEAR A MASK