



# WAHA COVID-19 Community Bulletin

## January 20, 2021

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### Daily Novel Coronavirus (COVID-19) Report James Bay and Hudson Bay Region Wednesday, January 20, 2020



**Current Vaccine Status: Phase 1**  
Learn more on the vaccine roll out plan for the region here



## CHANGES IN EFFECT

- **Ontario Declares Second Provincial Emergency - Provincial Shutdown in effect as of Thursday, January 14, 2021:**
    - [More information can be found here:](#)
    - Note: Where the local community bylaws and the provincial restrictions differ, follow your local community bylaws.
  - **Visitation restrictions remain in effect at WAHA**
    - [Visitation remains restricted at all WAHA sites](#)
- Regular and non-urgent clinics**
- We encourage that you call and book appointments ahead of time. [www.waha.ca/covid-19/urgent-care-clinics/](http://www.waha.ca/covid-19/urgent-care-clinics/)
- Restricted WAHA travel within James Bay Region in effect**
- [Restricted to urgent or emergent appointments only.](#)

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## HEALTH AND WELLNESS

**For information about understanding COVID-19 Vaccines, visit:**

- <https://waha.ca/covid-19/vaccine>
- Check out videos and photos of Elders and health care workers receiving their vaccine.

**For information about COVID-19 testing, visit:**

- [www.waha.ca/covid-19/testing](http://www.waha.ca/covid-19/testing)

**It's important to look after your mental wellness.**

- [Check out a list of the supports available online:](#)

**COVID-19 Safety Measures:**

- There are no active cases in the region.

**For tips on how to stay COVID-19 safe, watch the hilarious videos from Stan Wesley!** <https://youtu.be/GJhRM80vx8Q>

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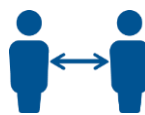
For more information visit [www.waha.ca/covid-19](http://www.waha.ca/covid-19) or the Weeneebayko Area Health Authority [Facebook page](#) or the Porcupine Health Unit's website <https://www.porcupinehu.on.ca>



WASH YOUR HANDS



USE COUGH ETIQUETTE



PRACTICE PHYSICAL DISTANCING



WEAR A MASK