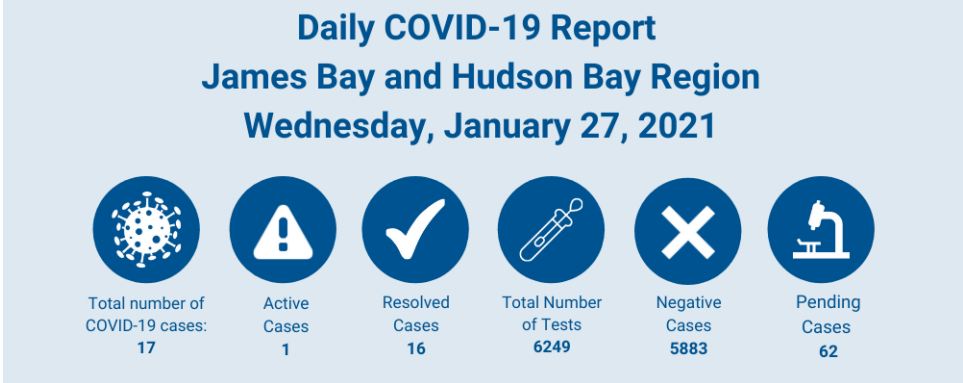




WAHA COVID-19 Community Bulletin

January 27, 2021

1



CHANGES IN EFFECT

- **Ontario Declares Second Provincial Emergency - Provincial Shutdown in effect as of Thursday, January 14, 2021:**
 - [More information can be found here:](#)
 - Note: Where the local community bylaws and the provincial restrictions differ, follow your local community bylaws.
 - **Visitation restrictions remain in effect at WAHA**
 - [Visitation remains restricted at all WAHA sites](#)
- Regular and non-urgent clinics**
- We encourage that you call and book appointments ahead of time. www.waha.ca/covid-19/urgent-care-clinics/
- Restricted WAHA travel within James Bay Region in effect**
- [Restricted to urgent or emergent appointments only.](#)

2

HEALTH AND WELLNESS

For information about understanding COVID-19 Vaccines, visit:

- <https://waha.ca/covid-19/vaccine>
- Check out videos and photos of Elders and health care workers receiving their vaccine.

- **For information about COVID-19 testing, visit:**
 - www.waha.ca/covid-19/testing
- **It's important to look after your mental wellness.**
 - [Check out a list of the supports available online:](#)
- **COVID-19 Safety Measures:**
 - There is a potential case currently being investigated, WAHA will provide updates as information becomes available.

For tips on how to stay COVID-19 safe, watch the hilarious videos from Stan Wesley! <https://youtu.be/WWksFP6WCAQ>

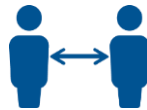
3



WASH YOUR HANDS



USE COUGH ETIQUETTE



PRACTICE PHYSICAL DISTANCING



WEAR A MASK