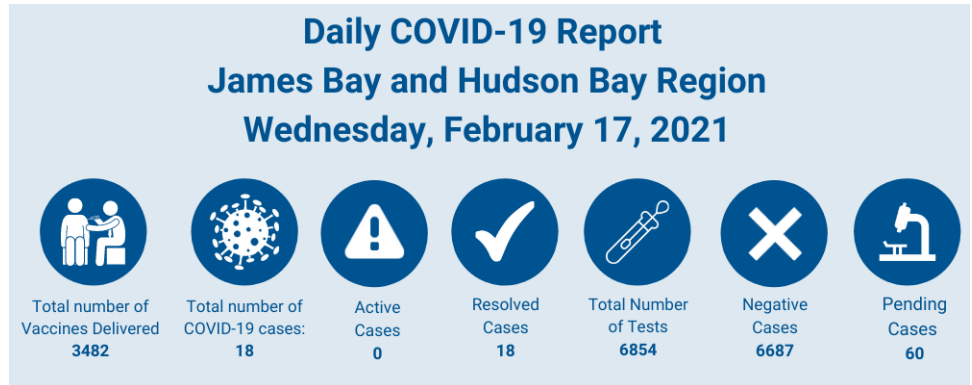




WAHA COVID-19 Community Bulletin

February 17th, 2021

1



CHANGES IN EFFECT

- As of Tuesday, February 16, Porcupine Health Unit is in the Orange-Restrict zone of the COVID-19 Framework
 - [More information can be found here:](#)
 - Note: Where the local community bylaws and the provincial restrictions differ, follow your local community bylaws.
 - Visitation restrictions remain in effect at WAHA
 - [Visitation remains restricted at all WAHA sites](#)
- Regular and non-urgent clinics**
- We encourage that you call and book appointments ahead of time. www.waha.ca/covid-19/urgent-care-clinics/
- Restricted WAHA travel within James Bay Region in effect**
- [Restricted to urgent or emergent appointments only.](#)

2

HEALTH AND WELLNESS

For information about understanding COVID-19 Vaccines, visit:

- <https://waha.ca/covid-19/vaccine>
- Moosonee Community Vaccine Clinic is scheduled for Feb. 18-19 from 10 a.m. - 5 p.m. at the Moosonee Arena
- Check out videos and photos of Elders and health care workers receiving their vaccine.
- For information about COVID-19 testing, visit:
 - www.waha.ca/covid-19/testing
- It's important to look after your mental wellness.
 - [Check out a list of the supports available online:](#)

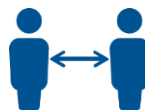
3



WASH YOUR HANDS



USE COUGH ETIQUETTE



PRACTICE PHYSICAL DISTANCING



WEAR A MASK