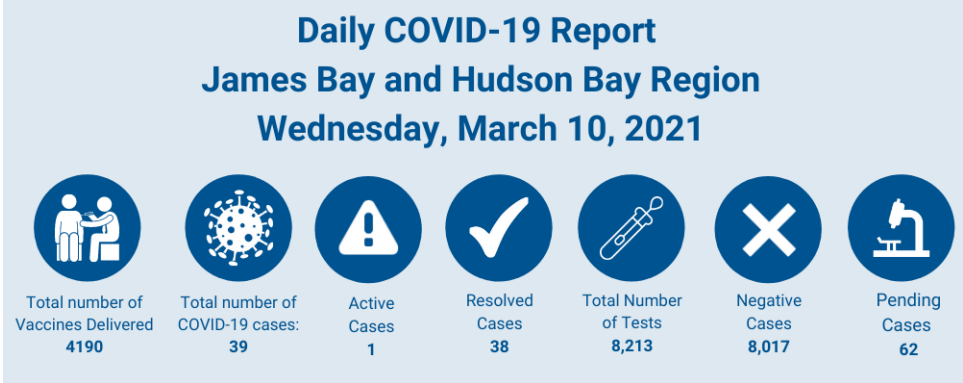




WAHA COVID-19 Community Bulletin

March 10, 2021

1



CHANGES IN EFFECT

- All communities in the region are under lockdown except the municipality of Moosonee. It is in the **Orange-Restrict zone of the COVID-19 Framework**
 - [More information can be found here:](#)
 - Note: Where the local community bylaws and the provincial restrictions differ, follow your local community bylaws.
 - No in-patient visitation remains in effect at WAHA**
 - [Visitation remains restricted at all WAHA sites](#)
- Regular and non-urgent clinics**
- We encourage that you attend your book appointments.
www.waha.ca/covid-19/urgent-care-clinics/
- Restricted WAHA travel within James Bay Region in effect**
- [Restricted to urgent or emergent appointments only.](#)

2

HEALTH AND WELLNESS

For information about understanding COVID-19 Vaccines, visit:

- <https://waha.ca/covid-19/vaccine>
 - Second dose COVID-19 vaccination clinics are scheduled in Moosonee March 11-12 & 18-19 at the Arena Pad and in Moose Factory on March 12th at 11am-4pm at the Arena Pad. If you did not receive your first dose, you can still receive it at the second dose clinic.
 - For information about COVID-19 testing, visit:**
 - www.waha.ca/covid-19/testing
- It's important to look after your mental wellness.**
- [Check out a list of the supports available online:](#)
 - Listen to our weekly WAWATAY interviews online**
 - <https://www.waha.ca/wawatay-interviews/>

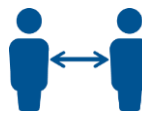
3



WASH YOUR HANDS



USE COUGH ETIQUETTE



PRACTICE PHYSICAL DISTANCING



WEAR A MASK