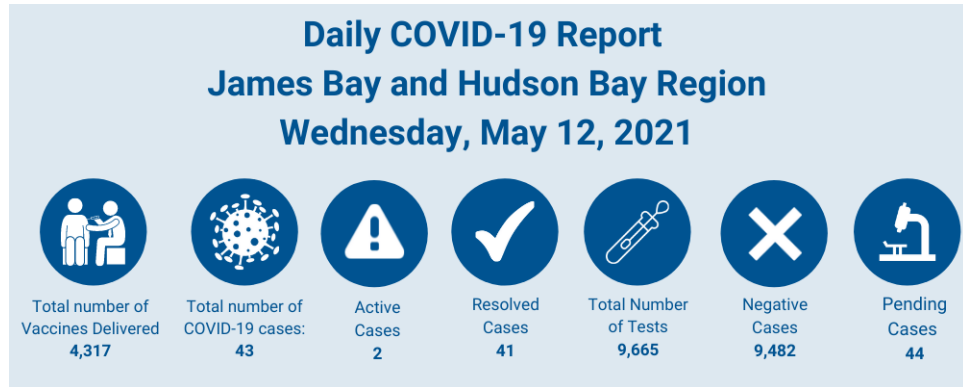


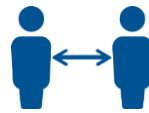
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WASH YOUR HANDS



USE COUGH ETIQUETTE



PRACTICE PHYSICAL DISTANCING



WEAR A MASK

CHANGES TO ROUTINES, PRACTICES & GENERAL UPDATES:

New! Provincial wide lockdown

- Still in effect, the Ontario government enacted the Provincial Emergency and Stay-at-Home Order.
- Click [here](#) for details of the public health measures and advice.
- See [Memo's](#) for more details regarding WAHA restrictions due to lockdown.

Note: Where the local community bylaws and the provincial restrictions differ, follow your local community bylaws.

- **New! Masks Will Be Provided at Entry of All WAHA Sites**
 - Effective Monday May 10th. See [SharePoint](#) for details.
- **New! May 10th – 16th National Nursing Week**
 - Visit our [website](#) or [SharePoint](#) for details.
- **New! New Variant of Concern COVID-19 Case in the region**
 - Visit [SharePoint](#) for details.

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KEY REMINDERS

- **MASKING**
 - WAHA's Universal Masking Policy remains unchanged. See [SharePoint COVID-19 Updates: Memo's](#), "2020-07-13 - WAHA MEMO - Universal Masking Policy"
- **SCREENING**
 - Staff Screening E-Tool
 - [Click here for more information how to access and use the tool](#)
- **[MENTAL HEALTH SUPPORTS](#)**
- **Listen to our weekly WAWATAY interviews on-line at <https://www.waha.ca/wawatay-interviews/>**
- **TESTING: [Surveillance testing required for some staff](#)**
 - WGH: Staff testing AM in the COVID Testing Centre (beside the gym)
 - Contact [WAHA OHS](#) for more information.

COVID-19: How to safely use a non-medical mask or face covering

Do's



Do wear a non-medical mask or face covering to protect yourself and others.



Do ensure your nose, mouth, and chin are fully covered.



Do ensure the mask is made of at least 3 layers, including 2 layers of tightly woven fabric, with a filter or filter fabric between layers.



Do replace and launder your mask after each use, or whenever it becomes damp or dirty.



Do inspect the mask for tears or holes.



Do wash your mask with hot, soapy water and let it dry completely before wearing it again.



Do ensure the mask or face covering is clean and dry.



Do store re-usable masks in a clean paper bag until you wear it again.



Do wash your hands or use alcohol-based hand sanitizer before and after touching the mask or face covering.



Do discard masks that cannot be washed in a garbage bin after use.



Do use the ear loops or ties to put on and remove the mask.

Don'ts



Don't wear masks with exhalation valves or vents.



Don't hang mask from your neck or ears.



Don't wear a loose mask.



Don't share your mask.



Don't touch the mask while wearing it.



Don't leave your used mask within the reach of others.



Don't remove the mask to talk to someone.



Don't reuse masks that are damp, dirty or damaged.

Remember, wearing a non-medical mask or face covering alone will not prevent the spread of COVID-19. Stay at home if you're sick, wash your hands often and practise physical distancing.



Do your part to protect yourself and others

Wear a non-medical mask or face covering:

- › when you're in shared indoor spaces
- › when you can't maintain a 2-metre physical distance from others
- › as advised by your local public health authority

Be kind

Some people may not be able to wear a mask or face covering.

Non-medical masks are **not recommended** for:

- › people who suffer from an illness or disabilities that make it difficult to put on or take off a mask
- › those who have difficulty breathing
- › children under the age of 2 years

Be environmentally responsible

- › Wear reusable masks whenever possible.
- › Washable and reusable masks are more environmentally friendly than disposable masks.
- › If you must use a disposable mask, dispose of it properly.
- › Don't litter.



Together, let's look after our loved ones.



Keep Our Workplace Safe

We want to assure our staff that your safety is of the utmost importance. We have implemented several policies to prevent and minimize the virus's spread. The following information should be used as guidance for Weeneebayko Area Health Authority, Health Care Workers as we continue to work with our external partners to mitigate the spread of COVID-19.



All WAHA employees are required to follow our universal masking policy.



All patient facing employees are required to complete a Point of Care Risk Assessment (PCRA) prior to each patient interaction.



The employee must decide after a PCRA the most appropriate PPE for the clinical interaction. Employees providing direct care must adhere to a minimum of surgical mask (i.e. not cloth mask) and eye protection with goggles or a face shield



Managers, Supervisors and IPAC will conduct audits in each department to ensure compliance.

Risk of Exposure

Due to varying degrees of risk exposures, contacts can be categorized into two risk exposure levels: high risk and low-risk contacts.



Low Risk:

- Been caring for a person diagnosed with COVID-19 while using appropriate precautions (e.g. wearing a mask, eye protection, using disposable gloves, and practicing good hygiene.
- Spent time with a person diagnosed with COVID-19, while maintaining physical distancing of two metre

High Risk:

- Has close contact (less than 2 metres)
- In the same room, workspace, area and/or living in the same home.
- Provided direct care for a person diagnosed with COVID-19 without consistent use of appropriate precautions
- Had direct contact with bodily fluids.



Contact Occhealth@waha.ca if symptomatic or have any questions or concerns. Remember to smile, we will get through this together

To reduce the risk of exposure, please continue to follow public health measures:



Practice 2m physical distancing



Wash your hands often with soap and water or alcohol-based hand sanitizer



Wear a mask



Sneeze and cough into your sleeve



Get tested for COVID-19



Stay informed. Follow credible sources



Avoid touching your eyes, nose or mouth

For more information visit www.waha.ca or WAHA's Facebook page or the Porcupine Health Unit's website.