

# A Safe and Effective Second Dose

***To ensure maximum protection against COVID-19 and the Delta variant, Ontarians should get vaccinated as soon as they can and book their second dose as soon as they are eligible.***

The best vaccine for your second dose is the vaccine that is available first. All vaccines provided in Ontario provide strong protection against COVID-19 and its variants.

Mixing vaccines is safe, effective, and enables more Ontarians to receive their second dose sooner. Full vaccination is the greatest protection you can have against COVID-19 and its variants, including the Delta variant.

If you had Moderna or Pfizer for your first dose you can safely take either Moderna or Pfizer for your second dose for strong protection. Both Moderna and Pfizer vaccines are authorized for use in Canada and use a similar mRNA technology, so the vaccines are safe to mix.

- This is consistent with recommendations recently provided by the National Advisory Committee on Immunization and with practices within several provinces.
- Both provide strong protection against COVID-19 and its variants.
- Dose interval is 28 days.

If you had AstraZeneca for your first dose you can safely take either Moderna, Pfizer or AstraZeneca for your second dose for strong protection.

- Getting a Moderna or Pfizer vaccine after the first dose of an AstraZeneca vaccine has been shown to provide a strong immune response, including against COVID-19 variants of concern.
- Dose interval is 8-12 weeks, with informed consent.

If your second COVID-19 vaccine is different than your first dose, you do not need to start your series over again. You will be considered fully immunized two weeks after receiving two doses of Health Canada approved COVID-19 vaccines.

For more information visit [ontario.ca/covidvaccine](https://ontario.ca/covidvaccine) or phone the Provincial Vaccine Information Line at 1-888-999-6488 (TTY: 1-866-797-0007)