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| **CHANGES IN EFFECT** | | | |  | |
| * **New! Provincial Re-opening Plan**   + Porcupine Public Health Unit (PPHU), with the rest of the province, is currently in phase two of the provincial reopening plan.   + Click [here](https://covid-19.ontario.ca/zones-and-restrictions) for details of the public health measures and advice.   + **Note**: Where the local community bylaws and the provincial restrictions differ, follow your local community bylaws.   **Mandatory Pre-Screening for Patients and Escorts Travelling For Any Medical Appointments**   * [**https://www.waha.ca/2021/06/08/mandatory-pre-screening-for-patients-and-escorts-travelling-for-any-medical-appointments/**](https://www.waha.ca/2021/06/08/mandatory-pre-screening-for-patients-and-escorts-travelling-for-any-medical-appointments/) * Speciality Clinic schedule for July * Visit [WAHA website](https://www.waha.ca/2021/06/29/specialty-clinics-july-updates/) for more details | | | |
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|  | | **HEALTH AND WELLNESS** | | | |
| **There are currently 18 active cases in the region**   * <https://www.waha.ca/daily-covid-19-report/>   **For information about understanding COVID-19 Vaccines, visit:**   * <https://www.waha.ca/covid-19/vaccine/>   **For information about COVID-19 testing, visit:**   * + [www.waha.ca/covid-19/testing](http://www.waha.ca/covid-19/testing)   **It’s important to look after your mental wellness.**   * + [Check out a list of the supports available online:](http://www.waha.ca/covid-19/mental-health-supports/) | | | |
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| **WASH YOUR HANDS** | **USE COUGH ETIQUETTE** | | **PRACTICE PHYSICAL DISTANCING** | | **WEAR A MASK** |