High Risk Potential Exposure to COVID-19

Issued: March 21st, 2022

Weeneebayko Area Health Authority is advising the public of a potential high risk public exposure to COVID-19 related to the following travel:

- Thursday, March 17th, 2022 – Ontario Northland Polar Bear Express Train Coach 3, from Cochrane to Moosonee departing from Cochrane at 9:00 am.

Individuals on the train in Coach 3 that live, work or are visiting a First Nations community within the James Bay and Hudson Bay Region or in Moosonee need to:

- Stay home and **self-isolate for 5 days (unless your community has different COVID-19 isolation protocols)**, even if you are vaccinated, and
- **arrange COVID-19 testing**, especially if you develop symptoms.

If you develop symptoms while isolating, tell the people you live with to isolate as well.

If you have any questions, please reach out to the local health authority in your community.

Meegwetch,

Weeneebayko Area Health Authority