

Grief Edu-Therapy

The Grief Edu-Therapy™ program supports individuals coping with significant emotional loss. It helps resolve the conflicting emotions caused by grief and restores your ability to fully engage in life and relationships. This program can help with losses such as death, the end of a relationship, or the loss of trust or safety.

Psychiatric Services

The Community Mental Health & Addictions program offers two outpatient psychiatry clinics supporting all six communities through telemedicine and periodic in-person visits. Psychiatrists provide sessions and work with service users and primary care providers to monitor and adjust medications for optimal health.

Critical Incident Stress Debriefing

Some of our staff are trained in Critical Stress Debriefing which is a technique to support community members process a traumatic experience in a group setting.

Outreach & Collaboration

We also collaborate with other WAHA departments and community organizations, including the Sagashtawao Healing Lodge in Moosonee, which serves as the Drug and Alcohol Treatment Centre for the James Bay coast.

Contact Information

For all sites



Moosonee (Head Office)

2 Bay Road,
Moosonee, ON, P0L 1Y0
Phone: 705-336-2164
Fax: 705-336-2746



Moose Factory

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Phone: 705-658-4544 ext. 2462



Fort Albany

5 Airport Road, PO Box 91
Fort Albany, ON P0L 1H0
Phone: 705-278-3330 ext. 5129



Attawapiskat

972 Riverside East, PO Box 284,
Attawapiskat, ON, P0L 1A0
Phone: 705-997-2323 ext. 6236



Kashechewan

Kashechewan ON, P0L 1S0
Phone: 705-275-4568



Peawanuck

Peawanuck, ON, P0L 2H0
Phone: 705-473-9986



www.waha.ca/mentalhealth



COMMUNITY MENTAL HEALTH AND ADDICTIONS PROGRAM



Weeneebayko Area Health Authority

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Our Goal

We are a Community Based organization committed to fostering and promoting wellness for individuals living in the James Bay Communities.

We aim to offer a holistic approach that compliments both traditional and western healthcare, which respects our communities' distinct cultural identity, values, and beliefs.

We provide ongoing support through counselling, psychoeducation, case management, and wellness programming in your journey towards physical, emotional, spiritual and mental health.

Person-Centered Care

The Community Mental Health & Addictions Program services are voluntary and confidential. Our staff provide a non-judgmental, trauma-informed, and harm reduction approach when working with service users.

We provide a safe space for all cultures, creed, sexual orientation & gender identities. During the treatment planning process, we work collaboratively with service users to plan their healing journey.

Services and Programs

Each community provider is part of a network of care with access to other healthcare professionals. When a service user chooses, and consents to be a part of the Community Mental Health & Addictions Program their care becomes part of a multidisciplinary team.

Intake & Referrals

Receive referrals from community providers, physicians, allied health professionals, and self-referrals. The intake team completes intake assessments and assigns the individual to the appropriate service.

Early Psychosis Intervention

Provides counselling, case management and family interventions to those aged 16-35 years, who are experiencing early episode psychosis.

Court Diversion Services

The primary goal of the program is to divert people with mental illness away from or out of the criminal justice system to more appropriate community mental health services.

Mental Health Nursing Supports

Providing nursing support to service users that are part of the mental health program, including administering medications, supportive counselling, providing psychoeducation, and monitoring vitals.

Services are provided to Adults and Youth ages 16+

Crisis Services

Provide a variety of appropriate crisis level person-centered counselling services. As well as working with service users to support them in finding and accessing the most appropriate resources for them.

Mental Health Education

Providing culturally appropriate psychoeducation for clients, families, and communities seeking supports for mental health concerns, serious mental illness, and substance misuse.

Outpatient Counselling and Case Management Services

Provide community based mental health clinical services to persons with mental illness, which are culturally relative, accessible, and effective in the service user's home community as part of the program's clinical team.

Substance Use Wellness Support

Providing treatment for those who have substance use & problem gambling challenges. The Substance Use Case Manager can work with clients, their family, and communities to raise awareness about substance abuse and problem gambling.

